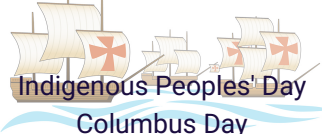


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2026 Birchwood				1 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation	2 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Active Games 3:30 Snacks and Such 4:30 Dinner Preparation Custodial Workers Day	3 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation Simchat Torah Begins
4 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation	5 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Sing Along 3:30 Worship Service 4:30 Dinner Preparation World Teachers' Day	6 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation That's Italian Tuesday	7 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Over Easy Band</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation Boost Your Brain Day	8 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Doug Hartline</u> 4:00 Trivia 4:30 Dinner Preparation	9 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Movie Matinee 3:30 Snacks and Such 4:30 Dinner Preparation John Lennon Day	10 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Karaoke 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation
11 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation Clergy Appreciation Day	12 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Sing Along 3:30 Worship Service 4:30 Dinner Preparation  Indigenous Peoples' Day Columbus Day	13 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation Discoverers' Day in Hawaii	14 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Shawn Taylor</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation	15 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation I Love Lucy Anniversary	16 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Sedgewick Sisters</u> 3:30 Snacks and Such 4:30 Dinner Preparation	17 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation The Day the Stones Got Rolling
18 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation Alaska Day	19 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Sing Along 3:30 Worship Service 4:30 Dinner Preparation Multicultural Diversity Day	20 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation	21 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Tom Sansone</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation Reptile Awareness Day	22 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Warren Blum</u> 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation Make a Dog's Day	23 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Movie Matinee 3:30 Snacks and Such 4:30 Dinner Preparation Appreciate an Elephant Day	24 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Karaoke 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation Wear It Pink Day
25 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation	26 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:00 <u>Kayte Strolling Music</u> 2:30 Sing Along 3:30 Worship Service 4:30 Dinner Preparation Pumpkin Day	27 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 <u>Monthly Birthday Party</u> 4:00 Word Puzzles 4:30 Dinner Preparation Navy Day	28 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:00 <u>Albert the Violinist</u> 3:00 Coffee and Tea Cart 4:30 Dinner Preparation Statue of Liberty's Anniversary	29 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation National Cat Day	30 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Ghostly Gala-Halloween Bash</u> 4:30 Dinner Preparation Jack-o'-Lantern Day	31 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation 

All activities are subject to change to meet the needs of our residents. Independent leisure materials available daily. *Communion every Wednesday*