

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Birchwood		1 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation	2 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Over Easy Band</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation Rock and Roll Hall of Fame Anniversary	3 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation Groovin' to the '70s Day	4 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Wildlife Documentary 3:30 Snacks and Such 4:30 Dinner Preparation National Wildlife Day	5 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation	
	6 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games: Bowling 4:00 Sing Along 4:30 Dinner Preparation Bowling League Day	7 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>End of Summer Soiree</u> 3:30 Worship Service 4:30 Dinner Preparation 	8 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation	9 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Jack Lynn</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation NY Fashion Week Begins	10 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning: Jewish High Holidays 4:30 Dinner Preparation	11 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Movie Matinee 3:30 Remembering 09/11 4:30 Dinner Preparation 	12 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Karaoke 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation
	13 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation Grandparents Day	14 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Imagination Vacation 3:30 Worship Service 4:30 Dinner Preparation	15 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation National Hispanic Heritage Month Begins	16 10:30 <u>Drumming Circle</u> 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Shawn Taylor</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation B.B. King's Birth Anniversary	17 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Music Trivia 4:30 Dinner Preparation International Country Music Day	18 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:00 <u>Sedgewick Sisters</u> 3:00 Snacks and Such 4:30 Dinner Preparation Happy Birthday, U.S. Air Force	19 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation 
	20 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation 	21 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Rewind & Reflect 3:30 Worship Service 4:30 Dinner Preparation World Alzheimer's Day	22 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation 	23 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Tom Sansone</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation	24 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Warren Blum</u> 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation	25 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Dave and the Accordion - Oktoberfest Celebration</u> 4:30 Dinner Preparation 	26 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Karaoke 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation
	27 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation World Tourism Day	28 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Resident Council Meeting</u> 3:30 Worship Service 4:30 Dinner Preparation Ed Sullivan Day	29 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 <u>Monthly Birthday Party</u> 4:00 Word Puzzles 4:30 Dinner Preparation	30 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Larry and Doreen</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation National Women's Health and Fitness Day	September 2026		

All activities are subject to change to meet the needs of our residents. Independent leisure materials available daily. *Communion every Wednesday*