

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026						1 10:30 Latte Lounge 11:00 The Newsworthy 11:30 Mindful Motion 1:00 Connections Convention 2:30 Fun and Games Fiesta 3:30 Snack Attack 4:00 Serenity Spa
2 10:30 Morning Buzz 11:00 Breaking News! 11:30 Get Moving! 1:00 The Get Together 2:30 BINGO 4:00 Novel Notions National Coloring Book Day	3 10:30 Monday Morning Mingle 11:00 The Daily Roundup 11:30 Move to the Groove 1:00 Friendly Faces 1:30 Rosary Prayer Group 2:30 <u>Doug Hartline</u> 3:30 Jet Set Journeys 4:00 Watermelon Snack National Watermelon Day	4 10:30 Morning Greeting 11:00 What's the Buzz 11:30 Tai Chi Tuesday 1:00 Chat and Cheer 1:30 Rosary Prayer Group 2:30 BINGO 4:00 Word Whirl	5 7:30 <u>Breakfast Club</u> 10:30 Coffee and Conversation 11:00 This Just In! 11:30 Renew and Move 1:00 Catch-up Corner 2:00 <u>Albert the Violinist</u> 3:00 Scoop Social 4:00 The Know-it-Alls	6 10:30 Sip and Social 11:00 Perspectives 11:30 Move More 1:00 Social Sync 2:30 Cook it Up! 3:30 Curiosity Corner 4:00 <u>Faith and Fellowship</u>	7 7:30 <u>Breakfast Club</u> 10:30 Fresh Roast Roundup 11:00 News Flash 11:30 Sit and Be Fit 1:00 Friendship Friday 2:30 Movie Matinee 4:00 Community Chat Purple Heart Day	8 10:30 Brew Beginings 11:00 Beyond the Headlines 11:30 Moments in Motion 1:00 Cheerful Chums 2:30 Board Game Bonanza 3:30 Nutritious Nosh 4:00 Relaxation Station National Happiness Day
9 10:30 Java Jive 11:00 In the Know 11:30 Game On! 1:00 Friendly Drop-In 2:30 BINGO 4:00 Know Thy Shelf National Book Lovers' Day	10 10:30 Coffee Cohort 11:00 New's and Views 11:30 Sunrise Stretch 1:00 Just Visiting 1:30 Rosary Prayer Group 2:30 Craft Corner 3:30 Travel Together: New England 4:00 Sip & Social Cart Connecticut Day	11 10:30 Perks + Recreation 11:00 Talk of the Times 11:30 Stretch and Flow 1:00 Kind Connection 2:30 BINGO 4:00 Puzzle Panache	12 7:30 <u>Breakfast Club</u> 10:30 Common Grounds 11:00 World Watch 11:30 Move-it-Mania 1:00 Heart to Heart Time 2:30 <u>Over Easy Band</u> 3:30 Sundae Funday 4:00 Brain of Shine	13 10:30 Morning Mojo 11:00 Global Glance 11:30 Go Games 1:00 Cheers & Company 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 <u>Power in Prayer</u>	14 7:30 <u>Breakfast Club</u> 10:30 Espresso Exchange 11:00 Morning Dispatch 11:30 Fitness Fun 1:00 Mingle Moments 2:30 Afternoon at the Movies 3:30 What's the Scoop? 4:00 Vibrant Connections	15 10:30 Sip and Savor 11:00 Breaking Bulletin 11:30 Chair Wellness 1:00 Charming Connections 2:30 Game Haven 3:30 Refresh & Refuel 4:00 Tranquil Springs Spa Relaxation Day
16 10:30 Coffee Break 11:00 The Daily Dish 11:30 Action Zone 1:00 The Mingle 2:30 BINGO 4:00 Between the Lines Tell A Joke Day	17 10:30 Brew-tiful Morning 11:00 Around the World and Back 11:30 Mindful Motion 1:00 Together Time 1:30 Rosary Prayer Group 2:30 <u>Larry and Doreen</u> 3:30 Sing Along 4:00 Beyond the Map National Nonprofit Day	18 10:30 Brewed Awakening 11:00 The Scoop Session 11:30 Gentle Moves 12:00 <u>Men's Group Lunch</u> 1:00 Neighborly Moments 2:30 BINGO 3:30 Thought Patrol	19 7:30 <u>Breakfast Club</u> 10:30 <u>Drumming Circle</u> 11:30 Java Junction 1:00 Joyful Visits 2:30 <u>Clam Bake</u> 4:00 Taking Care of Quizness 	20 10:30 Perk & Chat 11:00 Today's Talk 11:30 Ready, Set, Play! 1:00 Friendly Call 2:30 Culinary Conquerors 3:30 Elevation Education: 4:00 <u>Guiding Grace</u> Bacon Lover's Day	21 7:30 <u>Breakfast Club</u> 10:30 The Morning Brew 11:00 Newsline 11:30 Groove in Your Seat 1:00 Midday Meetup 2:30 Reel Relaxation 3:30 Scoops of Fun 4:00 Everyone Together National Senior Citizen's Day	22 10:30 Mocha Meeting 11:00 Breaking Bulletin 11:30 Chair Wellness 1:00 Charming Connections 2:30 Game Getaway 3:30 Refresh & Refuel 4:00 Tranquil Springs Spa
23 10:30 Morning Roast 11:00 Hot Off the Press 11:30 Play and Move 1:00 Social Hour 2:30 BINGO 4:00 Poetry Pizzazz	24 10:30 Morning Merriment 11:00 Headlines and Happenings 11:30 Chair Fitness Fun 1:00 Good Company 1:30 Rosary Prayer Group 2:30 <u>High Tea Party</u> 3:30 Imagination Vacation 4:00 Tea Time Tales Cart	25 10:30 Sip Session 11:00 News Buzz 11:30 The Fit Collective 1:00 Cozy Chats 1:30 Rosary Prayer Group 2:30 BINGO 4:00 <u>Monthly Birthday Party</u>	26 7:30 <u>Breakfast Club</u> 10:30 Coffee Council 11:00 The Insight Hour 11:30 Active Adventures 1:00 Visiting with Heart 2:30 <u>Shawn Taylor</u> 3:30 Cool & Creamy Gathering 4:00 Risky Quizness National Park Service Founders Day	27 10:30 Coffee Cohort 11:00 Breaking Bulletin 11:30 Chair Wellness 1:00 Charming Connections 2:30 Whisk Me Away 3:30 Knowledge Knights 4:00 <u>Faithful Foundations</u> Peach Day	28 10:30 <u>Breakfast Club</u> 11:00 Rel-Event 11:30 Armchair Fitness 1:00 Social Summit 2:30 Popcorn & Pictures 3:30 Creamy Delights 4:00 Conversation Games	29 10:30 Perk Up! 11:00 Now, Today 11:30 Sit and Move Social 1:00 Connect Corner 2:30 Boards with Friends 3:30 Tasty Bites 4:00 Pamper Palace
30 10:30 Caffeine Cove 11:00 Today's Talk 11:30 Ready, Set, Play! 1:00 Friendly Call 2:30 BINGO 4:00 Nature's Notebook National Beach Day	31 10:30 Coffee Council 11:00 The Insight Hour 11:30 Active Adventures 1:00 Visiting with Heart 1:30 Rosary Prayer Group 2:30 <u>Resident Council</u> 3:30 Ice Cream Oasis 4:00 Taking Care of Quizness	MAPLE & DEERFIELD				

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All activities are subject to change to meet the needs of our residents. Independent leisure materials available daily. *Communion every Wednesday*