

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						1 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation
2 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation National Coloring Book Day	3 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Doug Hartline</u> 3:30 Worship Service 4:30 Dinner Preparation National Watermelon Day	4 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation	5 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:00 <u>Albert the Violinist</u> 3:00 Coffee and Tea Cart 4:30 Dinner Preparation	6 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation National Root Beer Float Day	7 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Active Games 3:30 Snacks and Such 4:30 Dinner Preparation Purple Heart Day	8 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Karaoke 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation National Happiness Day
9 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation National Book Lovers' Day	10 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Sing Along 3:30 Worship Service 4:30 Dinner Preparation Connecticut Day	11 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation	12 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Over Easy Band</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation	13 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation	14 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Movie Matinee 3:30 Snacks and Such 4:30 Dinner Preparation	15 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation Relaxation Day
16 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation Tell A Joke Day	17 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Larry and Doreen</u> 3:30 Worship Service 4:30 Dinner Preparation National Nonprofit Day	18 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 Ice Cream Social 4:00 Word Puzzles 4:30 Dinner Preparation	19 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Clam Bake</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation 	20 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Warren Blum</u> 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation Bacon Lover's Day	21 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Active Games 3:30 Snacks and Such 4:30 Dinner Preparation National Senior Citizen's Day	22 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Karaoke 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation
23 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation	24 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:00 <u>Strolling Music with Kayte</u> 2:30 <u>High Tea Party</u> 3:30 Worship Service 4:30 Dinner Preparation	25 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 3:30 <u>Monthly Birthday Party</u> 4:00 Word Puzzles 4:30 Dinner Preparation	26 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Shawn Taylor</u> 3:30 Coffee and Tea Cart 4:30 Dinner Preparation National Park Service Founders Day	27 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Lifelong Learning 4:00 Trivia 4:30 Dinner Preparation Peach Day	28 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Movie Matinee 3:30 Snacks and Such 4:30 Dinner Preparation	29 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Spa Saturday 3:30 Refreshments 4:00 Trivia 4:30 Dinner Preparation
30 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Nature Study 3:30 Active Games 4:00 Sing Along 4:30 Dinner Preparation National Beach Day	31 10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Resident Council</u> 4:00 Worship Service 4:30 Dinner Preparation	 Birchwood				

All activities are subject to change to meet the needs of our residents. Independent leisure materials available daily. *Communion every Wednesday*