

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

BIRCHWOOD

1
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Shawn Taylor
 3:30 Coffee and Tea Cart
 4:30 Dinner Preparation

African Culture Day


2
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Kitchen Adventures
 3:30 Lifelong Learning
 4:00 Trivia
 4:30 Dinner Preparation

Halfway Point of 2026

3
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Party Like It's 1776!
 4:30 Dinner Preparation



4
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Spa Saturday
 3:30 Refreshments
 4:00 Trivia
 4:30 Dinner Preparation



5
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Nature Study
 3:30 Active Games
 4:00 Sing Along
 4:30 Dinner Preparation

6
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Sing Along
 3:30 Worship Service
 4:30 Dinner Preparation

Happy Birthday, Dalai Lama

7
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Craft Corner
 3:30 Ice Cream Social
 4:00 Word Puzzles
 4:30 Dinner Preparation

Strawberry Sundae Day

8
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Dave & the Accordion
 3:30 Soda Float Bar
 4:30 Dinner Preparation

Drink a Coca-Cola Day

9
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Warren Blum
 3:30 Lifelong Learning
 4:00 Trivia
 4:30 Dinner Preparation

10
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Active Games
 3:30 Snacks and Such
 4:30 Dinner Preparation

11
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Karaoke
 3:30 Refreshments
 4:00 Trivia
 4:30 Dinner Preparation

Oscar Hammerstein II Day

12
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Nature Study
 3:30 Active Games
 4:00 Sing Along: Patriotic
 4:30 Dinner Preparation

13
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Ocean Documentary
 3:30 Worship Service
 4:30 Dinner Preparation

World Cup Anniversary

14
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Craft Corner
 3:30 Ice Cream Social
 4:00 Word Puzzles
 4:30 Dinner Preparation

Bastille Day

15
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Jack Lynn
 3:30 Coffee and Tea Cart
 4:30 Dinner Preparation

16
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Kitchen Adventures
 3:30 Lifelong Learning
 4:00 Trivia
 4:30 Dinner Preparation

17
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:00 Gregory the Musician
 3:00 Snacks and Such
 4:30 Dinner Preparation

Perseids Meteor Shower Begins

18
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Spa Saturday
 3:30 Refreshments
 4:00 Trivia
 4:30 Dinner Preparation

Out of This World Day

19
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Nature Study
 3:30 Active Games
 4:00 Sing Along
 4:30 Dinner Preparation

20
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:00 Kayte Devlin Strolling Music
 2:30 High Tea Party
 3:30 Worship Service
 4:30 Dinner Preparation


Man on the Moon Day

21
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 12:00 Men's Group Lunch
 1:00 Social Visits
 2:30 Craft Corner
 3:30 Ice Cream Social
 4:00 Word Puzzles
 4:30 Dinner Preparation

Wonders of the World Day

22
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Over Easy Band
 3:30 Coffee and Tea Cart
 4:30 Dinner Preparation

23
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Christmas in July
 4:30 Dinner Preparation



24
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Active Games
 3:30 Snacks and Such
 4:30 Dinner Preparation

Take Care of Yourself Day

25
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Karaoke
 3:30 Refreshments
 4:00 Trivia
 4:30 Dinner Preparation

26
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Nature Study
 3:30 Active Games
 4:00 Sing Along
 4:30 Dinner Preparation

Disability Independence Day

27
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Larry and Doreen
 3:30 Documentary Viewing
 4:00 Worship Service
 4:30 Dinner Preparation

28
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Craft Corner
 3:30 Monthly Birthday Celebration
 4:00 Word Puzzles
 4:30 Dinner Preparation

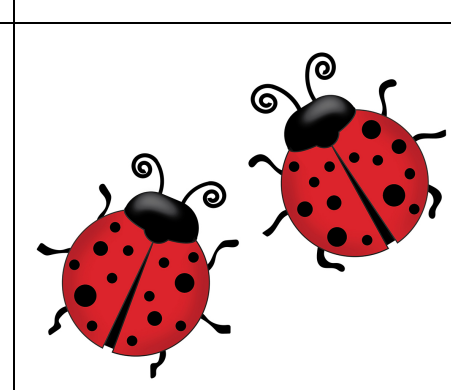
Chocolate Milk Day

29
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Tom Sansone
 3:30 Coffee and Tea Cart
 4:30 Dinner Preparation

30
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Resident Council
 3:30 Lifelong Learning
 4:00 Trivia
 4:30 Dinner Preparation

International Day of Friendship

31
 10:30 Coffee and Chronicle
 11:00 Chair Exercise
 11:30 Lunch Preparation
 1:00 Social Visits
 2:30 Movie Matinee
 3:30 Snacks and Such
 4:30 Dinner Preparation



All activities are subject to change to meet the needs of our residents. Independent leisure materials available daily. *Communion every Wednesday*