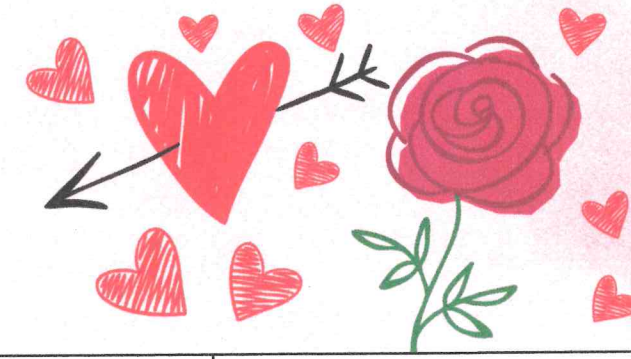




# February 2025



<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Yoga and Mindfulness 3:30 Coffee Hour 4:00 Trivia 4:30 Dinner Preparation</p> <p>1</p>
<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Yoga and Mindfulness 3:30 Coffee Hour 4:00 Trivia 4:30 Dinner Preparation</p> <p>8</p>
<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Sing Along with Steven</u> 4:00 Trivia 4:30 Dinner Preparation</p> <p>15</p>
<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Yoga and Mindfulness 3:30 Coffee Hour 4:00 Trivia 4:30 Dinner Preparation</p> <p>22</p>
<p><b>BIRCHWOOD</b></p>

<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Cards 3:30 Sunday Snacks 4:00 Toss and Talk 4:30 Dinner Preparation</p> <p>2</p> <p>Groundhog Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Kitchen Adventures 3:30 Nature Study 4:00 Word Puzzles 4:30 Dinner Preparation</p> <p>3</p> <p>Feed the Birds Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Active Games 3:30 Ice Cream Social 4:00 Black History Month Discussion 4:30 Dinner Preparation</p> <p>4</p> <p>Rosa Parks' Birthday</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Over Easy Band</u> 3:30 Trivia 4:00 Imagination Vacation 4:30 Dinner Preparation</p> <p>5</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Tom Sansone</u> 3:30 Ice Cream Social 4:00 Worship Service 4:30 Dinner Preparation</p> <p>6</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Active Games 3:30 Afternoon Snacks 4:00 Conversation Games 4:30 Dinner Preparation</p> <p>7</p> <p>Wear Red Day</p>
<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Cards 3:30 Sunday Snacks 4:00 Toss and Talk 4:30 Dinner Preparation</p> <p>9</p> <p>Superbowl Sunday</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Sedgwick Sisters</u> 3:30 Broadway Bash 4:00 Word Puzzles 4:30 Dinner Preparation</p> <p>10</p> <p>Broadway Play Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:00 <u>Kayte Devlin Strolls</u> 2:30 Active Games 3:30 Ice Cream Social 4:00 Outer Space Science Talk 4:30 Dinner Preparation</p> <p>11</p> <p>Extra-Terrestrial Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Larry and Doreen</u> 3:30 Trivia 4:00 Imagination Vacation 4:30 Dinner Preparation</p> <p>12</p> <p>Tu B'Shevat Begins</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Sing Along 3:30 Ice Cream Social 4:00 Worship Service 4:30 Dinner Preparation</p> <p>13</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Valentine's Day Extravaganza</u> 4:00 Conversation Games 4:30 Dinner Preparation</p> <p>14</p> <p>Valentine's Day</p>
<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Cards 3:30 Sunday Snacks 4:00 Toss and Talk 4:30 Dinner Preparation</p> <p>16</p> <p>NASCAR Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Craft Corner 4:00 Word Puzzles 4:30 Dinner Preparation</p> <p>17</p> <p>Presidents' Day</p>	<p>10:30 <u>Drumming Circle</u> 11:30 Lunch Preparation 1:00 Social Visits 2:30 Active Games 3:30 <u>Birthday Party</u> 4:00 Sing Along 4:30 Dinner Preparation</p> <p>18</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Larry Batter</u> 3:30 Trivia 4:00 Imagination Vacation 4:30 Dinner Preparation</p> <p>19</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Warren Blum</u> 3:30 Ice Cream Social 4:00 Worship Service 4:30 Dinner Preparation</p> <p>20</p> <p>Cherry Pie Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Presidential Party</u> 4:00 Conversation Games 4:30 Dinner Preparation</p> <p>21</p> <p>First Ladies Day</p>
<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Cards 3:30 Sunday Snacks 4:00 Toss and Talk 4:30 Dinner Preparation</p> <p>23</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Resident Council</u> 3:30 Nature Study 4:00 Men's Group 4:30 Dinner Preparation</p> <p>24</p> <p>"Once Upon a Time" Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Active Games 3:30 Ice Cream Social 4:00 Beatle's Sing Along 4:30 Dinner Preparation</p> <p>25</p> <p>"Here Comes the Sun" Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Shawn Taylor</u> 3:30 Trivia 4:00 Imagination Vacation 4:30 Dinner Preparation</p> <p>26</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 Karaoke 3:30 Ice Cream Social 4:00 Worship Service 4:30 Dinner Preparation</p> <p>27</p> <p>Retro Day</p>	<p>10:30 Coffee and Chronicle 11:00 Chair Exercise 11:30 Lunch Preparation 1:00 Social Visits 2:30 <u>Doug Hartline</u> 3:45 <u>Student Music Performance</u> 4:30 Dinner Preparation</p> <p>28</p> <p>Ramadan Begins</p>

All activities are subject to change to meet the needs of our residents. Independent leisure materials available daily. \*Communion every Wednesday\*